Version 14
22/10/2026

N = No (does not contain) Y = Yes (contains) MC = May Contain

NOTE: Some allergens assessed as a risk for cross contamination have been marked as MC (may contain) below, as these are used on line or within the bakery.

Code	Product	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide	Lupin	Mollusc	Colours that may have an adverse effect on activity and attention in children	Suitability
	BREADS																
	White Breads																
10	Scotch Loaf (Large)	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N	N	Vegan
	Scotch Large Toastie	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N	N	Vegan
20	Scotch Loaf (Small)	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N	N	Vegan
20-2000	Scotch Loaf (Small)	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N	N	Vegan
140	Crown Cob	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
893	White Box Sliced	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
890-0001	White Box Unsliced	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
890-2002	White Box Mega Thick	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
890-2003	White Box Toastie Sliced	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1751-0001	White Half Size Bloomer	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1751-3101	White Half Loaf	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
415	Crumpet Loaf	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1377-0001	White Sourdough D Tin Bloomer	Wheat, Rye	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1794-0001	Soda Farl 400g	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarian
181	Ciabatta	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1986-4032	Ciabatta x 32	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
	Brown Breads																
737	GI Multiseed Loaf 400g	Wheat, Oats, Rye	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
738	GI Multiseed Loaf 800g	Wheat, Oats, Rye	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11150	Brown Sourdough Loaf	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11173	Multiseed Sourdough	Wheat, Oats, Rye	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
521	Wholemeal 400g (Wrapped)	Wheat, Barley	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N	N	Vegan
943	Box Golden Grain Toastie Sliced	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
940-0001	Box Golden Grain	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
940-2003	Box Golden Grain Toastie	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11752	Brown Half Loaf Bloomer	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11753	Bloomer Granary thick sliced (half tin)	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
900-0001	Box Brown Unsliced	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
900-2000	Box Brown Med Sliced	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
900-2002	Box Brown Mega Thick	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
900-2003	Box Brown Toastie	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
	Morning Goods																
260	Flour Cakes	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
260-3104	White flour cake (4 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
275-3004	Soft White Rolls (4 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
318	Maxi rolls (6 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
310-0001	Maxi rolls	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
51-8036	Teacake 5" Less Fruit 2025 95g large	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1379-8018	Teacake 4" Sliced 2024	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
321	Teacakes (4 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
372	Scotch White Baps (4 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11322	Potato Burger Buns (6 Pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
1077-0001	Pizza (Margherita)	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarian
1733-3004	Football Flour Cake 4 Pack	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
11464	Hot Cross Buns (4 Pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
203/831-3004	Soft Brown Rolls (6 pack) /(4pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
761	Brown Scotch Baps (4 pack)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
711	Lancs Fruit Loaf	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
	Low Carb Breads																
11849	Low Carb Tin Sliced 400g (Plain)	Wheat, Oats	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarian
11850	Low Carb Seeded Bloomer 400g	Wheat, Oats	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarian
11871	Low Carb Bloomer (Plain) 700g	Wheat, Oats	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarian

	CONFECTIONERY																Vegeterian
	Non Cream																
23530-1000	Custard (Small)/ Ind WR	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23530-3002	Custard (2 Pack)	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23520-0001	Custard (Large)	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23740-0001	Apple Slice	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	Y	N	N	N	Vegetarians
3966	Manchester Tart 2 Pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3965-0001	Manchester Tart Individual	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3552/23550-3004	Fruit Scones 4 Pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3550	Fruit Scone individual	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
26691-3004	Norwegian Scone 4pk	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
24195-0001	Chocolate Flake Cake	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	Y	N	N	E102, E122, E124	Vegetarians
20264-0001	Hot Apple Crumble With Custard	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	Y	N	N	N	Vegetarians
20034-0001	Cherry Bakewell Slice/ WR	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
	Cake Loaves																
22072-0001	Victoria Sponge Cake Loaf	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
24301-1000	Lemon Cake Loaf	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
	Gingerbread / Shortcake																
23539-0001	Smiley Face Biscuit	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
23692-1000	Dog Character Gingerbread	Wheat	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarians
20153-0001	Gingy Man Gingerbread WR	Wheat	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarians
20022-0001	Blue Alien Gingerbread Biscuit WR	Wheat	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegetarians
	School Cakes																
26789-0001	School Cake Slice (Standard)	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
	Doughnuts																
23200-3002	Jam & Cream Doughnut 2pk	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23200-0001	Jam & Cream Doughnut Ind	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23094-0001	Cream Split Doughnut	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23095-0001	Gingerbread Latte Cream Split Doughnut	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
	Cream																
3050/23050-0001	Eclairs (Chocolate fondant)	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3070/23756-0001	Strawberry Tart / 2Pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3080/23080-0001	Apple Creams/Apple Creams 2pk	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	Y	N	N	N	Vegetarians
3175/23175-0001	Fresh Cream Trifle individual/ 2pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	Y	N	N	N	Not Suitable
3180/23180-0001	Jam & Cream Scone	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3220/23220-0001	Vanilla Slice Indvidual/2Pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3225/23225-0001	Bavarian Slice	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3226/23225-3002	Bavarian Slice 2 pack	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
23174-0001	Tiramisu	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
20003-0001	Strawberry & Cream Croissant	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	E129 &E124	Vegetarians
3931	Mini Raspberry & Cream Sandwich Pack	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
20250-1000	Dolly Mixture School Cake	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Not Suitable
23052-1000	Ind Profiteroles	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N	N	Vegetarians
3930/3933	Mini Vanilla Victoria Sandwich Wrapped	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
	SOUPS																Vegeterias
4961	Chilli chicken Soup	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Not Suitable
4510	Tomato Soup	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
4522	Spicy Vegetable Soup	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
4517	Chunky Beef & Veg Soup	Wheat, Barley	N	MC	N	N	MC	MC	MC	Y	N	MC	N	N	N	N	Not Suitable
4552	Mushroom Soup	Wheat	N	MC	N	N	MC	Y	MC	Y	N	MC	N	N	N	N	Vegetarians
4541	Broccoli & Stilton Soup	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
4530	Pea and Ham Soup	Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Not Suitable
15319	Low Carb Chicken & Butternut Squash	Celery	N	MC	N	N	MC	Y	MC	Y	N	MC	N	N	N	N	Not Suitable
34545	Country Vegetable Soup	Wheat	N	MC	N	N	MC	Y	MC	Y	N	MC	N	N	N	N	Vegetarians
30059	Leek & Potato Soup	Wheat	N	MC	N	N	MC	Y	MC	Y	N	MC	N	N	N	N	Vegetarians
5106	Curried Chicken & Coconut Milk Soup	Wheat, Barley	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Not Suitable
2534	Cherry Tomato & Spring Onion Individual	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians
2742	Cherry Tomato & Spring Onion Catering	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N	N	Vegetarians

2860	Mushy Peas 1kg Bag	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N	N	Vegan
2870	Shop Gravy 1kg Bag	Wheat	N	MC	N	N	MC	MC	MC	Y	N	MC	N	N	N	N	Vegan
15134	Butternut Squash and Red Chilli Soup	N	N	MC	N	N	MC	Y	MC	Y	N	MC	N	N	N	N	Vegetarians
34552-3904	Chicken & Vegetable Broth Soup	Wheat	N	MC	N	N	Y	Y	MC	Y	N	MC	N	N	N	N	Not Suitable
	SAVOURIES- BAKED/UNBAKED																Vegeterias
10030-0001	Meat Pie Unbaked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12030-0001	Meat Pie	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10020-0001	Potato & Meat Pie Large Unbaked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12020-0001	Potato & Meat Pie Large Baked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12200-0001	Potato & Meat Pie Medium Baked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10080-0001	Beefsteak Pie	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
10100-0001	Cheese & Onion Pie	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarians
10301-0001	Butter Pies	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarians
10280-0001	Lancashire Pasty	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10470-0001	Chicken & Mushroom Pie- Unbaked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
12470-0001	Chicken & Mushroom Pie- Baked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
12050-0001	Steak & Kidney Pie	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
10056-0001	Steak & Ale Pie- Unbaked	Wheat, Barley, Oats	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12046-0001	Steak & Ale Pie- Baked	Wheat, Barley, Oats	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10120-0001	Puff Pasty- Unbaked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12120-0001	Puff Pasty- Baked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10250-0001	Cheese Pasty- Unbaked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarians
12250-0001	Cheese Pasty- Baked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarians
12150-1000	Plate Meat Pie 8 Portion Wrapped	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
2040	Whist Pies	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10450-0001	Sausage Roll- Unbaked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	Y	N	N		Not Suitable
12450-0001	Sausage Roll - Baked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	Y	N	N		Not Suitable
10110-0001	Plain Pasty- Unbaked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12110-0001	Plain Pasty- Baked	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
14004-0001	Pinwheel Sausage	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	Y	N	N		Not Suitable
12010-1000	Steak Pudding	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
12140-0001	Potato Cakes	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
12140-3106	Potato Cakes- 6pks	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
12460-0001	Mini Cheese Pasty	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
12460-3006	Mini Cheese Pasty 6pk	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
12430-0001	Mini Potato & Meat Pasty	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12430-3006	Mini Potato & Meat Pasty 6pk	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12326-0001	Pan Baked Pork Pie	Wheat	N	MC	N	N	MC	MC	MC	N	Y	MC	N	N	N		Not Suitable
9800003	Meat & Potato Pie (Halal)	Wheat	N	MC	N	N	Y	Y	MC	N	N	MC	N	N	N		Not Suitable
12946-0001	Hash Browns	N	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
2742	Catering Quiche Cherry Tomato & Spring Onion	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
2391	Beefsteak Multi Portion	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
2066	Butter Pie Multi Portion	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
2281	Lancashire Multi Portion	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
249	Cheese & Onion Multi Portion	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
2024	Potato & Meat Multi Portion	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
10044-0001	Peppered Steak Pie Unabaked	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
12321-0001	Guinness Steak Pie Baked	Wheat, Barley, Oats	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
12022-0001	Peppered Steak Pie Baked	Wheat	N	MC	N	N	Y	MC	MC	N	N	MC	N	N	N		Not Suitable
10058-0001	Chicken Kiev Pie	Wheat	N	MC	N	N	Y	Y	MC	N	N	MC	N	N	N		Not Suitable
10055-0001	Salt And Pepper Chicken Roll	Wheat	N	MC	N	N	MC	MC	MC	N	Y	MC	N	N	N		Not Suitable
10046-0001	Cheese & Bacon Twist Unbaked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
10045-0001	Tomato & Cheese Twist Unbaked	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarians
12950-0001	New Apple Slice Roll Trial	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	Y	N	N		Vegetarians
	SAVOURIES- MISCELLANEOUS																Vegeterias
90038	Bacon Smoked	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
100007	Bacon Raw Streaky	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
100506	Bacon Back Dry Cured	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not Suitable
190004	Egg	N	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegetarian

20005	Bebo soft spread (Vegetable fat spread)	N	N		N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
BARMCK	Barm Cake (for Bacon & Sausage)	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
12540-0001	Quiche Cherry Tomato & Spring Onion (Pie)	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
12550-0001	Quiche Ham and Cheese (Pie)	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
12812Ref	Sausage Barm	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	Y	N	N		Not Suitable
	TRI - PACK SANDWICHES																Vegeterias
4600	Ploughmans	Wheat, Barley	N	MC	N	N	MC	Y	MC	N	N	MC	Y	N	N		Vegetarian
4660	Chunky Chicken	Wheat, Barley	N	Y	N	N	Y	Y	MC	Y	Y	MC	N	N	N		Not Suitable
4665	Chicken Salad & Mayo on Brown	Wheat, Barley	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Not Suitable
4667	Ham Salad on Brown	Wheat, Barley	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
4684	Tuna Mayo on Brown	Wheat, Barley	N	Y	Y	N	MC	Y	MC	N	Y	MC	N	N	N		Not Suitable
4703	Cheese & Red Onion	Wheat, Barley	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
4704	Cheese & Tomato	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
	MAXI WHITE SANDWICHES																Vegeterias
7840	Egg Mayo	Wheat	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Vegetarian
7850	Ham Salad	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
7870	Turkey Salad & Stuffing	Wheat	N	MC	N	N	Y	Y	MC	Y	N	MC	N	N	N		Not Suitable
7920	Tuna Salad	Wheat	N	Y	Y	N	MC	Y	MC	N	Y	MC	N	N	N		Not Suitable
7929	Prawn Mayo Salad	Wheat	Y	Y	N	N	MC	Y	MC	Y	Y	MC	N	N	N		Not Suitable
15241	Turkey, Sausage, Stuffing & Cranberry	Wheat	N	MC	N	N	Y	Y	MC	Y	N	MC	Y	N	N		Not Suitable
15242	Pork, Stuffing & Apple	Wheat	N	MC	N	N	Y	Y	MC	Y	N	MC	Y	N	N		Not Suitable
15243	Chicken & Stuffing	Wheat	N	Y	N	N	Y	Y	MC	Y	Y	MC	N	N	N		Not Suitable
15244	Three Cheese	Wheat, Barley	N	MC	N	N	MC	Y	MC	N	N	MC	Y	N	N		Vegetarian
	SPECIALITY SANDWICHES																Vegeterias
15157	Beef, Mustard & Onion Tiger Baguette	Wheat,Barley	N	MC	N	N	MC	MC	MC	N	Y	MC	N	N	N		Not Suitable
4612	Cheese & Ham Toastie	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Not Suitable
15239	Cheese & Onion Toastie	Wheat	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
14007	Breakfast Muffin (Egg, Cheese and Sausage)	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	Y	N	N		Not Suitable
14008	Breakfast Muffin (Egg, Cheese and Bacon)	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N		Not Suitable
14006	Breakfast Muffin (Cheese with Roasted Tomatoes)	Wheat	N	Y	N	N	Y	Y	MC	N	N	MC	N	N	N		Vegetarian
14004	Pinwheel All day Breakfast	Wheat	N	Y	N	N	MC	Y	MC	N	N	MC	Y	N	N		Not Suitable
30073-0001	Cheese & Sundried Tomato Toastie	Wheat	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Vegetarian
30077-0001	Cheese & Chorizo Toastie	Wheat	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Not Suitable
30090-0001	BLT Sourdough Sandwich	Wheat, Rye, Oats	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Not Suitable
30094-0001	Chicken & Chorizo Sourdough Sandwich	Wheat, Rye, Oats	N	Y	N	N	MC	MC	MC	N	Y	MC	N	N	N		Not Suitable
	SANDWICH FILLINGS																Vegeterias
15048	Chicken Tikka Sandwich Filling	N	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Not suitable
15049	Three Cheese Savourie Sandwich Filling	N	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Vegetarian
15050	Char Grill Chicken Filling	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
4897	Prawn Mayo	N	Y	Y	N	N	MC	Y	MC	Y	Y	MC	N	N	N		Not suitable
4890	Bag of Coleslaw	N	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Vegetarian
4800	Egg Mayo	N	N	Y	N	N	MC	Y	MC	N	Y	MC	N	N	N		Vegetarian
4898	Tuna Mayo	N	N	Y	Y	N	MC	Y	MC	N	Y	MC	N	N	N		Not suitable
100014	Beef Topside	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
100004	Ham Kettle Cooked	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
90222	Turkey Breast Cooked	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
180100	Lollo Rosso Lettuce	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
180801	Cucumber	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
180802	Tomato	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
180811	Red Peppers	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
180015	Red Onion	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
180800	Iceburg Lettuce	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
310013	Grated Cheese (Mozzarella/Cheddar)	N	N	MC	N	N	MC	Y	MC	N	N	MC	N	N	N		Vegetarian
190004	Boiled Egg	N	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegetarian
4972	Ready Mixed Stuffing	Wheat	N	MC	N	N	Y	Y	MC	Y	N	MC	N	N	N		Vegetarian

180160	**Sliced Beetroot**	N	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Vegan
9400065	**Cajun Chicken Filling**	Wheat	N	Y	N	N	MC	MC	MC	Y	N	MC	N	N	N		Not suitable
9400066	**Piri Piri Chicken Filling**	Wheat	N	MC	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
9400067	**Mexican Chicken Mayo with Peppers**	Wheat	N	Y	N	N	Y	MC	MC	N	N	MC	N	N	N		Not suitable
9400069	**BBQ Chicken Mayo**	Barley	N	Y	N	N	MC	MC	MC	N	N	MC	N	N	N		Not suitable
9400068	**Honey Mustard Chicken**	N	N	Y	N	N	MC	MC	MC	N	Y	MC	N	N	N		Not suitable
	G:\Product Information Sheets\GCB Allergens\Allergen Tables\Shops Allergens - QR Code																
Reason for Update	Hot Apple Crumble With Custard added to row 71 in Confectionery section.																